

WOODLAND COMMUNITY CALENDAR

HEALTHY AGING AWARENESS MONTH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	NVIH Closed	2	3	4	Movement Class 10:30am-11:30am	6
7	8	9	World Suicide 10 Prevention Day	Prime Time Health 10:00am-12:00pm	Movement Class 10:30am-11:30am	13
14	15	16	World Patient 17 Safety Day	Prime Time Health 10:00am-12:00pm	Movement Class 10:30am-11:30am	Welcome Baby 9:00am-12:00pm
WORLD ALZHEIMER'S DAY 21 SEP	Fall Prevention 22 Awareness Day	23 Cultural Group 10:00am-12:00pm	24	Health Series Luncheon 12:00pm - 2:00pm	NATIVE 26 AMERICAN DAY NVIH Closed	27
28	29	30				

Chico: (530) 899-5156 | Willows: (530) 934-5431 | Woodland: (530) 207-5483