

Community Events

Health Series Luncheon

Come and join us for our July Health Series Luncheon. Enjoy a monthly health education presentation, participate in a fun and exciting craft, and have some lunch!

Date: Tuesday Sept 9th

Time: 12:00 pm - 2:00pm

Location: CH/OR Kitchen/Events room, Willows Clinic

Date: Thursday Sept 11th

Time: 11:00 am – 1:00 pm

Location: Grindstone Tribal Office, Grindstone Rancheria

Retinal Screening Day

There are often no warning signs of diabetic retinopathy. The only way to know is by having your eyes checked. People living with diabetes need to have their eyes checked at least once a year.

Date: Tuesday, September 17

Time: 1:00 pm - 4:00 pm

Location: CH/OR Event Room, 207 North Butte Street, Willows

Cultural Group

*Enjoy a Creative Afternoon of Beading, Socializing, and Refreshments!! **Space is limited. Call Outreach to RSVP.***

Date: Tuesday, September 23

Time: 1:00 pm - 3:00 pm

Location: Willows Admin Conference Room, 311 suite J, West Willows Street, Willows

Date: Thursday, September 25th

Time: 1:00 pm – 3:00 pm

Location: Grindstone Tribal Office, Grindstone Rancheria

NATIVE AMERICAN HERITAGE MONTH CELEBRATION

Beading with Community Health and Outreach.

Refreshments provided!!!

Willows Admin conference room: 1 pm - 3 pm

TO REGISTER CALL COMMUNITY HEALTH AND OUTREACH AT
Chico (530) 899-5156 | Willows (530) 934-5431 | Woodland (530) 207-5483

Diabetic Retinopathy

Early Detection is Key!

Approximately 1 out of every 3 people living with diabetes has diabetic retinopathy. Screenings are recommended once every year.

Typically there are no symptoms in the early stages. *Talk to your healthcare provider about getting screened today.*



Northern Valley Indian Health

NVIH.org/Community-Health-and-Outreach

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