




# October

**CHICO COMMUNITY CALENDAR**

**BREAST CANCER AWARENESS MONTH | DOMESTIC VIOLENCE AWARENESS MONTH**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Bingocize 1:00 pm - 2:00 pm	2	3	4
5	6 Child Health Day Bingocize 1:00 pm - 2:00 pm Mental Illness Awareness Week (Oct 6-12)	7	8 Bingocize 1:00 pm - 2:00 pm	9 Health Series Luncheon 12:00 pm - 2:00 pm	10 	11
12	13 	14	15 	16 Light Weight Training 2:00 pm - 3:00 pm	17	18
19	20	21 Mammo Day 1:00 pm - 4:00 pm	22	23 Light Weight Training 2:00 pm - 3:00 pm	24	25
26	27	28	29	30 Light Weight Training 2:00 pm - 3:00 pm	31	



**Northern Valley Indian Health**

[NVIH.org/Community-Health-and-Outreach](https://www.nvih.org/Community-Health-and-Outreach)

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