





October

WILLOWS COMMUNITY CALENDAR

BREAST CANCER AWARENESS MONTH | DOMESTIC VIOLENCE AWARENESS MONTH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2 Mobile Medical Clinic Light weight Movement Class	3	4
5	6  MENTAL HEALTH AWARENESS WEEK	7 Health Series Luncheon	8	9 Mobile Medical Clinic Health Series Luncheon Light Weight Movement Class	10  WORLD MENTAL HEALTH DAY OCTOBER 10	11
12	13  INDIGENOUS PEOPLES DAY	14	15  GLOBAL HANDWASHING DAY	16 Mobile Medical Clinic Light Weight Movement Class	17	18
19	20	21	22	23 Mobile Medical Clinic Light Weight Movement Class	24	25
26	27	28	29	30 Mobile Medical Clinic Light Weight Movement Class	31	



Northern Valley Indian Health

[NVIH.org/Community-Health-and-Outreach](https://www.nvih.org/Community-Health-and-Outreach)

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